

fall
2017



spring
2018

Chesapeake United Competitive Program Coaching Slate








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Goalkeeping Coach: Tony Cowell | EB1@ChesapeakeUnited.org

BOYS U9 - U19

BIRTH YEAR	TEAM	COACH	CREDENTIALS
2009 (U9)	09 BOYS	Sean Holl	 <ul style="list-style-type: none"> • NSCAA Advanced Regional Diploma • La Liga Formation Methodology Certification • USSF "E" License • Olympic Development Program Evaluator • 12 Years Coaching Experience
2008 (U10)	08 BOYS	Sean Holl	 <ul style="list-style-type: none"> • NSCAA Advanced Regional Diploma • La Liga Formation Methodology Certification • USSF "E" License • Olympic Development Program Evaluator • 12 Years Coaching Experience
2007/2006 (U11/U12)	06/07 BOYS	Kristin Carden	 <ul style="list-style-type: none"> • Chesapeake United Technical Director & Academy Director • Former Director of Coaching CUSC & FC United • USSF "D" License • Goalkeeping Level 1 & 2 Diplomas • 8 Years Coaching Experience • Former Semi-Professional Player • Former Division 1 College Soccer Player • 4 Year Starter (Virginia Tech & Virginia Commonwealth) • 4 Year All-Conference Player (ACC, CAA, Atlantic 10) • 2X Division 1 NCAA Tournament Participant • NSCAA All-American
2005 (U13)	05 BOYS	Tony Cowell	 <ul style="list-style-type: none"> • USSF "E" License • Current Chesapeake United Goalkeeping Coach • La Liga Methodology Level 3 Certification • 7+ Years Coaching with Chesapeake United including Competitive Teams & Youth Academy • Former Great Bridge High School Varsity Soccer Player • Current Mens league D-2 Player
2004 (U14)	04 BOYS	Cody Delbridge	 <ul style="list-style-type: none"> • USSF "E" License • Former Hickory Varsity Soccer Player • 7+ Years Coaching with Chesapeake United including Competitive Teams & Youth Academy
2003 (U15)	03 BOYS	Jerry Clements	 <ul style="list-style-type: none"> • USSF "D" License • 9+ Years Coaching with Chesapeake United • 17 Years Coaching Experience
2002-1999 (U18)	02-99 BOYS	Brandon Spontak	 <ul style="list-style-type: none"> • USSF "E" License • 19+ Years Coaching Experience from U10 to U18 <ul style="list-style-type: none"> • Chesapeake United, Virginia Rush, Lafayette & Oscar Smith High School (Current Head Coach) • Former CUSC Youth Academy Coach • Former ODP Player and Beach FC Travel Player • Virginia Wesleyan Men's Soccer Player '95-'99

GIRLS U9 - U19

BIRTH YEAR	TEAM	COACH	CREDENTIALS
2009 (U9)	09 GIRLS	Ken Brooks	 <ul style="list-style-type: none"> • CUSC Assistant Youth Academy Director • USSF "C" License • USYSA Youth National License • 12+ Years Coaching Experience, U.S. & U.K. • CUSC Academy Director '09-'11
2008 (U10)	08 GIRLS	Steve Jelf	 <ul style="list-style-type: none"> • Originally from Plymouth, England • USSF "D" License • 15 years coaching experience • CUSC Coach Since 2005 • VPL, VSLI, and TASL Coach
2007 (U11)	07 GIRLS	Bert Avila	 <ul style="list-style-type: none"> • USSF "C" License • USYSA Youth National License • Great Bridge High School Boys Varsity Head Coach '12-'16 • Great Bridge High School Girls Varsity Head Coach '03-'07 • CUSC Travel Coach '03-'06, '16-'17
2006/2005 (U12/U13)	06/05 GIRLS	Bert Avila & John Lentini	 <ul style="list-style-type: none"> • USSF "C" License • USYSA Youth National License • Great Bridge High School Boys Varsity Head Coach '12-'16 • Great Bridge High School Girls Varsity Head Coach '03-'07 • CUSC Travel Coach '03-'06, '16-'17  <ul style="list-style-type: none"> • USSF "E" License • 10+ Years Coaching Experience • Former Indian River High School Player • Former Churchland Soccer League Youth Player
2004/2003 (U14/U15)	04/03 GIRLS	Michael Bouthillette	 <ul style="list-style-type: none"> • USSF "E" License • 10+ Years Coaching Experience • Former Varsity Soccer Player (Maine) • Former Travel Soccer Player (Maine)
2002-1999 (U18)	02-99 GIRLS	Kevin Ellis	 <ul style="list-style-type: none"> • USSF "D" License • 20+ Years Coaching Experience • NSCAA Goalkeeping Level 1 Diploma • NSCAA Special Topics Certificate - Attacking • NSCAA Special Topics Certificate - Defending • Indian River High School Head Varsity Coach '97 - '07 • Grassfield High School Head Varsity Coach '08 - Present <ul style="list-style-type: none"> • Record – 106-44-13 • 4-time District Champion • 3-time District Coach of the Year • CUSC Competitive Coach '01 - Present